

## **Booklist**

***365 Steps to Self Confidence*** – (D.L Preston)

***Men are from Mars and Women are from Venus*** –  
(John Gray)

***Feel the Fear and Do It Anyway*** – (Susan Jeffers)

***Managing Anger*** – (Gael Lindenfield)

***Managing Change*** – (R.Heller)

***You Can Heal Your Life*** – (Louise Hay)

***Self-Esteem*** – (Gael Lindenfield)