

**Are you  
feeling a bit  
at sea and  
in need  
of some  
extra support...**



**Are you are feeling:**

- **Angry**
- **Depressed**
- **Lonely**
- **Panicky**
- **Stressed**
- **Insecure**

**There is no need  
to suffer or remain  
troubled.**

**Call the Atrium Clinic in  
complete confidence.**

At the Atrium Clinic we understand how life's pressures can make you feel anxious and stressed and how quickly problems arise from these feelings of tension.

You could be dealing with everyday family issues that are creating problems at home or work related stress or even a life crisis such as a bereavement, divorce, redundancy or financial problems. Whatever the problem, the counselling and therapy that we offer here at the Atrium will give you the opportunity to talk through and explore your problems to find new ways to deal with them.

Contact us on **01702 715892**  
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[www.atriumclinic.co.uk](http://www.atriumclinic.co.uk)

**atrium**  
Clinic and Therapy Centre  
*Bringing back the brightness*